

WE NEED SOME HELP, THANK YOU FOR YOUR SUPPORT

Please fill in the coupon below and send it to
FÉEDA, 21 lot. du Moulin,
38 220 Notre-Dame de Mésage

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Surname, first name :

Address :

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Post code :

Town :

Country :

Email :

Téléphone :

Membership for unemployed or student: 10 €

Membership for others : 20 €

Supporting subscription : €

Donation without membership : €

Tax allowance (60%) (France)

Cheque payable to FÉEDA

Cash

I wish to get involved as a volunteer

I wish to know more about the training sessions

Date :

OUR METHOD FOR SUSTAINABLE ACTION IN SOUTHERN COUNTRIES

- ✓ Answering to identifies needs.
- ✓ Spreading efficient, cheap and feasible on the spot techniques.
- ✓ Designing, implementing and assessing projects with our partners.
- ✓ Favouring autonomy: training and non-assisting the beneficiaries.
- ✓ Favouring local economy by soliciting local craftsmen.

OUR PROJECTS AND PARTNERS

Before 2010, we trained about 400 people and 20 craftsmen in Salvador, Benin, Cameroon, Madagascar and Senegal. An improved-wood-stove making centre is being set in Senegal - it is run by our local partner in total autonomy and 200 stoves were built within the first 3 months.

After 2010, thanks to our partners as well as volunteers we hope to take action in Morocco, Mali, Togo, Mauritania and South Senegal.

Our partners : Ecoles du monde, SOLAFRIKA, Liberté par les Chamelles, Les Sénégalais, FEEDA-Sénégal, TEO-France...

Association
FÉEDA



**COOKING ONE'S FOOD MUST NO
LONGER BE A LUXURY !**

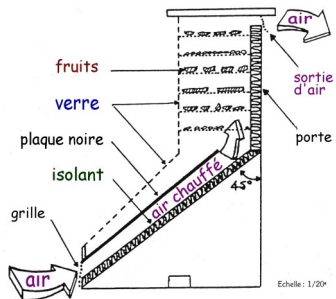
**IMPROVEMENT OF LIVING CONDITIONS
IN THE SOUTHERN COUNTRIES**

**RAISING AWARENESS, TRAINING,
PARTNERSHIPS, PROJECTS DESIGNING**

www.feeda.org ; contact.france@feeda.org
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PRESERVING THE ENVIRONMENT, DECREASING VULNERABILITY IN SOUTHERN COUNTRIES TRAINING AND FOLLOWING-UP

SOLAR COOKERS OR DRYERS



INSULATING THE FIRE AND THE HEAT



AUTO-COOKER



- ✓ Anybody can afford to use the sun for cooking, drying fruit or making water suitable for drinking.
- ✓ A solar cooker reaches a temperature from 120 to 160°C when the sun is shining !
- ✓ Food is cooked slowly therefore good food quality is guaranteed.
- ✓ I place the solar cooker facing the sun at 9 am, place the food in it at 10am, no watching is required and the dish is ready by 12 !

- ✓ With an average output of 34% the improved wood stove consumes much less wood and releases less harmful fume.
- ✓ It can be made out of an old drum and second hand metal sheet.
- ✓ The auto-cooker is a well insulated basket in which you let the cooking finish without outside energy.
- ✓ Anybody can use these two cooking techniques anywhere !

- ✓ We organise training sessions in France to spread these techniques and our methods.
- ✓ We follow up individuals and charitable organisations' projects.
- ✓ Via special events and demonstrations we raise public awareness.
- ✓ We train our partners so that they can be autonomous.

Wood is becoming scarce and very expensive. For thousands of families cooking their food is exhausting or far too expensive. This is a non-sense and we can stop it : spending less for wood often means eating better and keeping healthier. We can act at our homes too. Thanks to these techniques let us reduce our consumption of non-renewable energy !